



This lecture concerns the life cycle of normal stars.

Stars shine because they are hot, and need a source of energy to keep shining.

Main Sequence stars are powered by the fusion of Hydrogen into Helium in their cores

The more massive a star is, the shorter its lifetime.

Low-Mass stars are long-lived, spend some time as Red Giants, then leave behind a White Dwarf.

Very high-mass stars have very short lives, spend a short time as red supergiants, then explode as a supernova.



Luminosity = rate of energy loss

To stay hot, stars must replace the lost energy, otherwise they would cool and fade out.

Lecture 33: The Lives of Stars

The primary source of energy for stars over most of their lives is nuclear fusion.

Example:

Fuse 4 Hydrogen nuclei into 1 Helium nucleus

4 protons weigh slightly more than 1 Helium (2p+2n): 1 kg of Hydrogen would fuse into 0.993 kg of Helium.

Leftover 0.007 kg (7 grams) is converted into energy:

 $E = mc^2 = 6.3x10^{14}$ Joules

Enough energy to lift 64 megatons of mass to a height of 1 km above the ground!



A main sequence star shines steadily only until the hydrogen in its core is used up.

The Sun will run out of fuel after a 10 Gyr "lifetime" on the Main Sequence.



Dim M stars are "subcompacts"; they stay on the main sequence for a long time.



Bright O stars are "gas guzzlers"; they run out of fuel in a relatively short time.





To give life a chance a star must shine stably for at least 500 Myr.

Only stars of < 3 M_{sun} live for about 500 Myr.



O & B stars are ruled out as hosts of life by this criterion: their "lifetimes" are < 500 Myr.



Low-mass stars ($\rm M < 4~M_{sun})$ become red giants after leaving the main sequence. The red giant eventually becomes unstable, and blows away its outer layers into space. The naked core of the

red giant is revealed.



becomes a

White dwarfs are the remnants of relatively lowmass stars.



White dwarfs have no nuclear fusion (and thus aren't true stars by the strictest definition). They cool slowly over many billions of years.







Fusion to form elements heavier than iron and nickel takes energy; it doesn't release it.

When the iron-nickel core grows to 1.4 $\rm M_{sun},$ it collapses catastrophically.



and triggers a supernova explosion.

The core bounces back











The Earth and everything on it are made of recycled star stuff.